



Alternative Physical Education Form

The Marin School believes in the importance of physical activity for growing students. Graduation requirements include four (4) semesters of Physical Education. There are many opportunities to fulfill the PE requirement at TMS: students can join an athletic team, a school club that offers a physical activity (such as Sports Club), or the Lunchtime P.E. program. Students may also pursue outside opportunities such as regularly using a gym or athletic club, taking swimming lessons, riding their bike to school daily, participating in archery or fencing, to name a few. **Alternative Physical Education is intended for students who wish to undertake these specialized physical activities outside of those offered at The Marin School.**

1. If you choose to do an Alternative Physical Education Activity, you must fill out this form and turn it in to Sarah Thacher, Experiential Learning Coordinator. Sarah must approve your petition in order to receive credit.
2. You must keep a logbook of your activities, with an entry for each week. A total of 30 Hours per semester is required to earn a semester of P.E. credit.
3. It is your responsibility to turn in your verified logbook before the end of the semester.

If you have any questions, please contact: sthacher@themarinschool.org

Petition for Alternative Activity Program

Student Name: _____

Grade (circle one): 9th 10th 11th 12th Advisor: _____

Proposed Activity: _____

Description: _____

Address of Activity: _____

How long have you participated in this activity? _____

Activity Sponsor (instructor, coach, etc) Name: _____

Activity Sponsor Phone Number: _____

Parent's Signature

Activity Sponsor's Signature

TMS Approval Signature



Alternative Physical Education Activity Log

This form may be used to document physical activity to receive school credit. Please fill in information that is relevant to your experience. This form should be turned in as soon as you complete 30 hours of activity and at least by the end of the semester for which credit is sought.

Student Name: _____

Week of	Activity	Hours
(Example:) 1/17/22	Swimming and weights at YMCA, skateboarding, hike	2.5 hours

Total Hours:

★ **A total of 30 Hours per semester** is required to earn 2.5 credits. Students need a total of 10 P.E. credits (4 semesters) to meet the graduation requirement.

Student Signature

Parent or Instructor’s Signature